4 November 2010 Weekly Attachments and Announcements can be found on the 1 HBCT page on the 1st Infantry Division website site: http://www.riley.army.mil/UnitPage.aspx?unit=1bct:

ATTACHMENTS:

- 1. 1 HBCT is on the web! Check us out!!!
- Special Olympics- Young Athletes event on Nov. 11th in Topeka at Chase Middle School.
 Attached is a flyer with the details. We still have openings for the event so we are trying to recruit more children. Please forward the flyer to families who might be interested. There is no cost for the program and families receive a free activity kit.
- Freedom Alliance is offering an opportunity to adopt a family in need for Christmas. Please
 have completed forms sent back to L'Tanya Pugh (ltanya.pugh@us.army.mil) NLT 12 November,
 so they can select the family and send the completed form back. Only one family will be
 selected. Form attached (Presents for Patriots).
- The Teaching as a Second Career seminar will be Friday November 19 at ACS in room 30. POC: Colleen Schulteis, Fort Riley/ Kansas Local Representative Mountain Pacific Troops to Teachers, Business Cell: 913-206-1775, www.mpttt.org or www.proudtoserveagain.com
- Prairie Land Food: They have inexpensive holiday meal packages and everyday menu food items ranging from \$11-\$25. Food stamps, cash and checks are accepted. www.PrairieLandFood.com; POC: Linda Hagan 1-800-298-1989; Email: linda@prairielandfood.com. See attachments.
- 1 HBCT Blanket Order Form: 22 November last date to order blankets! \$35/ blanket. Add \$7.00 per blanket if they will need to be mailed.
- 7. Join community members for the holidays, experience a 'home away from home' Program connects soldiers, family members with the community for the holidays Fort Riley, Kan. With the holidays right around the corner, neighbors, friends and patriotic Americans wish to reach out to the men and women serving at Fort Riley. This year, USO Fort Riley, Junction City/Geary County Military Affairs Council and Manhattan Military Relations Committee are working to pair up single soldiers and families of deployed with community members who have opened their homes for the holidays. "We know that some of you may not be able to make it home for the holidays," said April Blackmon, center director at USO Fort Riley. "But that doesn't mean you have to spend the holidays alone. There are community members who want to make you a part of their extended family and show how much they appreciate the sacrifices you make. Come join your neighbors during the holidays and enjoy some good food and company." Sharing the holidays with members of the community can be a great way to celebrate the season. Single soldiers or family members of deployed service members wishing participate can sign up through the USO by visiting the center, Bldg. 6918 Trooper Drive on Custer Hill next to Burger King, e-mailing usofortriley@uso.org or calling 240-5328 for more information.

- 8. USO- Please share this wonderful, free opportunity with any military family whose service member is currently deployed. One of the USO's newest programs to connect deployed troops with their families is RocketLife. RocketLife has created a new opportunity for family members to connect with deployed service members. www.myphotosmyfamily.com is a new photo gift store dedicated to USO families and friends. First time users get to create a photo book and send it to their loved one free even postage went sent to an APO/FPO address. Those who wish to participate should visit the website, where they can view a video explaining how to create their book. They then choose the photos they would like to include and the website intuitively creates the layout. The user can edit the layout, as well as add text and graphics. The result is a beautiful photo album which they can send to a deployed service member. The photo books are specially designed to be lightweight and fit into uniform pockets. They can be to 20 pages, and contain as many as 50 photographs in full color. Each book is 'perfect bound' for durability. A portion of all other purchases made on www.myphotosmyfamily.com will be donated to the USO.
- Yellow Ribbon Socials Please pass along our new schedule and updated letter. Heavy push to 2nd and 1st BDE right now. We're also on Facebook now with our own page www.facebook.com/ManhattanYRS and spouses can rsvp there for each event.
- 10. VFW- Offers Operation Uplink- see attached flyers
- 11. Military OneSource wants to take this opportunity to officially join the chorus and say "Thank you!" to all the military families around the world. Many of us at Military OneSource have spent time in uniform or as the loved one of someone in uniform and understand the unique challenges facing military families on a daily basis. During November, Military OneSource will be featuring outreach efforts focusing on resources to address challenging situations and to help military families grow and thrive, both physically and emotionally. The outreach will include information in support of National Adoption Month and Military Family Appreciation Month in the form of targeted online content, to include the Military OneSource Connection newsletter, educational materials, webinars, and featured audio materials. Please click on http://www.militaryonesource.com/Portals/O/Content/Documents/November2010.pdf to access a one-page flyer featuring:
 - Webinars on Sibling Rivalries and Managing Holiday Stress
 - * Adoption for Military Families and International Adoption for Military Families Articles
 - * The Smoking Center resource page to support the Great American Smokeout
 - * Staying Connected with Family and Friends Over the Holidays Moderated Chat
 - * Over There Deployed Mom CD
 - * Double Duty Deployed Dad CD
 - * What to Send Someone Who is Deployed article

We hope this pre-packaged list of materials and services will help you refer service members and families to Military OneSource through your own newsletters, on your Web sites, and at your events. For more information on our calendar as well as past and future themes, please visit the Service Provider Home Page -

http://www.militaryonesource.com/MOS/ServiceProvidersGateway.aspx
Additionally, we are proud to announce that the Military OneSource Presentations are in the final stages of a complete overhaul. Starting December 1st, you will notice new information and a new format

featured in our standard presentation. In addition, the supplemental slide will mirror this new style. If you would like to attend a Train the Trainer session on the new Presentation, those will be held every Wednesday at 1400 Eastern beginning December 3rd. More information on the presentations can be found on the Events and Presentations home page at: http://www.militaryonesource.com/MOS/ServiceProviders/EventsPresentations.aspx. Thank you for your continued support of Military OneSource!

ANNOUNCEMENTS:

- Please note the 1 ID Monthly Newsletter was not ready at the time of this update for this week.
 For your convenience this will be posted for you to view in the next few days at the following link: http://www.lid.army.mil/DocumentList.aspx?lib=1ID_FRG_Updates
- 2. Reminder- Daylight Savings Time on 7 November 0200 It's time to "Fall" back an hour!
- 3. Beware: "Email Scammers Aim at Military Families"- A new phishing scam is taking aim at members of the U.S. military and their families, using unsolicited emails purportedly from USAA, one of the nation's largest financial services and insurance companies, to trick people into divulging their personal information to identity thieves. A new phishing scam is taking aim at members of the U.S. military and their families, using unsolicited emails purportedly from USAA, one of the nation's largest financial services and insurance companies, to trick people into divulging their personal information to identity thieves. And this isn't the first time it's happened. USAA, which caters primarily to retired and active duty military members and their families, and the Navy Federal Credit Union in May were hit by a similar phishing scam that also attempted to extract social security numbers, credit card numbers, birth dates and other information used to either pilfer bank accounts or steal unsuspecting users' identities. This time around, according to an advisory on security software maker AppRiver's website, the con artists are sending a slew of unsolicited emails with subject titles, such as "USAA Notification" or "Urgent Message for USAA customer" in the hope of getting just a small fraction of a percentage of recipients to click on a link embedded in the missive. USAA is investigating an email confirmation form phishing scam that attempts to collect members' sensitive information. Remember, USAA will never ask for personal or account information such as your debit or credit card information in an e-mail. Suspicious e-mails can be forwarded to abuse@usaa.com
- Masquerade party, dance to show appreciation to Families: Army Community Service will help get Military Family Appreciation month in full swing with a night of dancing and Family activities during a masquerade party from 6 to 8 p.m. Nov. 5 at Riley's Conference Center.
- 5. Check out <u>Sunset Zoo</u> Military Appreciation Day this Sunday 9:30 am 5 pm, Free Admission for every guest. Get free admission each day by joining the Friends of Sunset Zoo on Facebook!
- 6. ITR: Want to continue with Halloween Haunts??? Leisure Travel Center has discounted tickets to Kansas City's Haunted Houses. They are open through November 13. Also, Barney's Birthday Bash "Live In Concert"- Coming to Topeka ExpoCentre, Nov 23, 6:30 p.m. & Nov 24, 11:00 a.m.

- & 6:30 p.m. Tickets available at the Leisure Travel Center, Bldg 6918 and must be ordered NLT November 17. Call 785-239-5614/4415 for further info.
- 7. **CL Opera House Presents:** Award Winning Step Dancers and Championship Fiddlers Performance at the C.L. Hoover Opera House. The Hunt Family, world ranked step dancers and championship fiddlers, will perform at the C.L. Hoover Opera House on Saturday, November 6th at 7:30 p.m. This real family of nine performs a unique and diverse repertoire of music from bluegrass, Celtic, inspirational, and original compositions. They are accomplished musicians who also play guitar, bass, drums, keyboard, and mandolin. The Hunts have toured extensively in the United State and Internationally. They have performed for Nelson Mandela, Queen Elizabeth's royal welcoming, entertained audiences for three years on four main stages at Busch Gardens Williamsburg, made multiple appearances at the World Championships of Irish step dancing in Scotland and Ireland, and debuted on the Tony Danza show. For a preview of this performing family visit their website at www.huntfamilyfiddlers.com. Curtain time for The Hunt Family is 7:30 pm, Saturday November 6 at the C.L. Hoover Opera House, 135 West 7th Street in Junction City. Tickets may be purchased in person at 135 W. Seventh Street, by calling 785-238-3103 ext. 330 or online at www.jcoperahouse.org. Tickets are \$21 for adults, \$20 for military and \$9 for students.
- Reminder Trooper Gate is closed 8-15 November: Grant Gate will be open 24/7 and Rifle Range will be open 0500-1900 (Monday-Friday) and 0800 1700 (Saturday)- while Trooper is closed.
- 9. **K-State is hosting a Veteran's Resource Fair** on Tuesday November 9th, from 11am-2pm in the K-State Student Union Ballroom. Current and prospective student veterans are invited to come and explore campus and community programs and services.
- 10. IACH will offer injectable and mist influenza vaccinations from 9 a.m. to 5 p.m. for all Department of Defense ID cardholders at the Post Exchange at the Commissary Nov. 20 and 30. Active-duty servicemembers will get their vaccine through their unit. For more information, call 785-240-4FLU (4358).
- 11. Tobacco Cessation Classes: Irwin Army Community Hospital offers free Tobacco Cessation Classes for Tricare beneficiaries. You can quit, but you don't have to do it alone. Register for the class by calling 785-239-7323 or 785-240-QUIT (7848). Classes provide educational information, medications to help you quit and support.
- 12. Section of Warrior Drive closed Nov. 11-15: A small section of Warrior Drive near the intersection with Huebner Road will be closed Nov. 11-15 for utility work in support of the hospital construction. During the closure, access to Dental Clinic 2, the Whitside Child Development Center, and all other facilities and parking lots on Warrior Drive will be from the North off of Canyon Road.
- 13. **Asphalt Repairs Scheduled:** Beginning Friday, November 5, McClellan Place, Ellis Heights, Warner Heights and Peterson Place neighborhoods will have asphalt repair work taking place. In addition to the neighborhood street repairs, the intersection at Thomas Ave. and Trooper Dr. will also be repaired. Work hours will be from 7 a.m. to 6 p.m. as weather conditions allow. Please drive carefully and obey traffic signs and traffic control workers in these areas. Please direct all questions regarding the street repairs to Picerne Military Housing at 785-717-2200.

- 14. As weather permits, Fort Riley's Skeet and Trap Range is open from noon to 8 p.m., Wednesdays and Thursdays, and from 10 a.m. to 5 p.m., Saturdays and Sundays. For more information on the range, call the Outdoor Recreation Center at 785-239-2363.
- 15. Custer Hill Last Stand Golf Tournament will take place Nov. 6. It will consist of two-person teams with a 9-hole Best Ball and 9-hole Scramble. The tournament will begin with a 9 a.m. shotgun start. The cost is \$50 per person and includes greens fees, a cart, entry fee, lunch and prizes.
- SKIES Unlimited offers youth classes including judo, hip hop dance, ballet, tumbling, golf, horse riding, introduction to tap and modern dance and more. Register for SKIES classes at Parent Central, Building 6620 Normandy Dr. For more information, call 785-240-2874 or 785-239-4847.
- 17. The BOSS Office has moved. It is now located in the USO, Building 6918 on Custer Hill. BOSS representatives can be reached at 785-239-2677. Volunteering with BOSS can help earn Soldiers promotion points. Just 100 volunteer hours equals 15 promotion points. BOSS is on Facebook. Search "BOSS Ft Riley" and become a fan.
- 18. **Next Fort Riley quarterly Blood Drive:** Fort Riley Blood Drive Nov. 16-17, Craig Fitness Centerbuilding 7024 on Custer Hill Tuesday, November 16 11:00 AM 5:00 PM and Wednesday, November 17 9:00 AM 3:00 PM Please call 1-800-RED CROSS (800-733-2767) or visit redcrossblood.org to schedule your appointment.
- 19. AAFES exchange accepting essays in 'Holding out for a Hero' contest' AAFES PUBLIC AFFAIRS, DALLAS A 300-word essay could be worth \$2,000 in the Army and Air Force Exchange Service's "My Hero" essay contest. To qualify, authorized shoppers must write an essay about their hero, including what makes the nominee unique or what accomplishment or influence they have achieved.
- 20. The "My Hero" contest is open for submissions by military members and all military ID card holders who are 18 years or older at the time of entry. Essays of 300 words or less must include name, address, daytime phone number, rank or occupation, as well as information regarding the nominee (name, address and contact information). Essays may be submitted to PatriotFamily@aafes.com in one of six categories: Community crusader, young wonder (under 18), Family champion, peacemaker, earth keeper or animal wonder. One essay per household per category may be submitted, and each entry must specify which category the entry is for. Essays will be accepted through Nov. 19. The grand prize winner of the "My Hero" contest will receive a \$2,000 exchange shopping spree, while the writers of the best essay for each category (six winners) will take home a \$500 exchange gift card. Judging will be based on the uniqueness, quality and effectiveness in conveying the story of an individual's military service or support thereof, either as an active duty or Department of Defense civilian.
- 21. Announcing the "got bro?" Pet Photo Contest! Got a four legged friend who's got BRO pride? A creative imagination? Then we're looking for you! We always say "When you're Bro...you're Family," so let's sow off our furry Soldiers! Entries can be from Soldiers Friends of Soldiers,

Someone who has seen a Soldier on TV... It Doesn't matter. Just be a fan of the Big Red One and send in your pictures of your BRO pets. Winners will be judged by an anonymous 1st Infantry Division panel of judges. Winning photos will be featured in our Danger Forward Newsletter and become the 1st ID Facebook Profile photo for 1 week! So get out there and "BRO up" Fido and submit your entries today!

- -Pets name and point of contact info must be in the body of the email.
- -Only entries sent to gotbrophoto@yahoo.com will be judged and uploaded to the BRO page.
- -Entries can be any pet, not limited to just dogs and cats.
- -All entries must be submitted NLT 20NOV. (1800hrs Iraq Time/1000hrs Central FRKS Time)
- -Contest Winner will be announced 22NOV on the BRO Facebook page only.
- -Entries may be Photos or Photo Illustrations.
- -All entries must have the 1ID Patch or a Red 1 present somewhere in the image.
- -Judges or 1st ID Public Affairs Personnel may not submit entries.
- -You may submit multiple entries. Multiples of the same pet or multiples of different pets.
- -By a submitting an entry to gotbrophoto@yahoo.com sender is granting the First Infantry Division

Public Affairs office: a) to use the name, photograph, likeness, acts, poses, plays and appearances, made in connection with said photograph in any manner. b) the release and discharge of the United States Government from any cause or action of whosoever nature arising from participation in the contest. This grant, release will not be made the basis of future claims of any kind against the Government. This grant, release and discharge, shall insure to the benefit of the United States Government, and its officers, agents, servants and employees when acting in their official capacities, and to persons, firms or corporations contacting with the Government, and their heirs; executors, administrators, successors or assigns and to any other persons lawfully reproducing, distributing, exhibiting or otherwise using the said photo or any portion thereof.

- 22. Operation Enduring Care and the USO Wounded Warrior Project: VH1 Divas: Salute the Troops with a pic and a click! divas-mosaic.vh1.com For this year's VH1 Divas Salute the Troops, VH1 is collecting pictures of service men and women, their friends and family, celebrities and people like me who support our troops. For every photo shared, VH1 will donate \$1 to the USO's Operation Enduring Care up to \$10,000. Don't miss The USO Presents: VH1 Divas Salute the Troops, Sunday, Dec. 5th at 9/8c on VH1.
- 23. Duncan Donuts and the USO: With Dunkin' Donuts, Support for the Troops is in the bag! Purchase (2) One- Pound bags of Dunkin' Donuts Coffee, and Dunkin' Donuts Franchisees donate another bag to the USO! Offer runs 1 November- 14 November, and can be done in store or at www.dunkindonuts.comGuests must purchase 2 pounds of coffee in one transaction to trigger donation. The value of the actual donation will be determined based on guest purchases during the offer period. Maximum donation will be equal to the wholesale cost of 100,000 pounds of coffee. Offer valid 11/1/2010 11/14/2010. Price and participation may vary. Limited time offer. The promotion was originally designed so that Dunkin' Donuts would donate to the USO 1 pound of coffee for every 2-pound purchase from 11/1 through 11/14 up to a maximum donation of 100,000 pounds. At the USO's request, we have broadened the

items that may be donated to include coffee, cups, lids, and the shipping of these items to USO locations nationwide - provided that the cost of the entire donation does not exceed the cost of the originally intended coffee donation. Coffee cost is the weighted wholesale cost of coffee to United States Dunkin' Donuts restaurants.

- 24. Nov 19 at 5-6:30pm Military Family Appreciation Dinner Location: Cantigny Dining Facility, Bldg 7673, Custer Hill
- **25.** Nov **20 1-3pm Thanksgiving Craft Party Location:** Post Library For more information please call: (785) 239-5305
- **26.** Nov **25 12-2pm FREE!! Thanksgiving Dinner Location:** Manhattan East High School Lunch Room, For more information please call: (785) 537-0730
- 27. K-State Research & Extension will be holding, "Planning a Heart-Healthy Thanksgiving Dinner" class. Learn to make your family favorites more nutritious while keeping them delicious. Bring your favorite recipes and learn to modify them so they're good and good for you! Date: November 17th, Time: 1:00pm 3:00pm, Location: ACS Bldg 7264 Room 30, Register by November 12th. If you wish to attend please call, email, or stop by our office. We're here to help strengthen families, support military adjustments and transitions and encourage positive, healthy, and constructive skills for all! POC Info: KSRE-Ft. Riley 7264 Normandy Dr. #29 Fort Riley, KS 66442 Email: ftriley@ksu.edu or Web: www.fortriley.ksu.edu

Please continue to scroll down to see the Weekly flyers, thank you!



FIND OUT WHAT'S GOING ON WITH 1ST BRIGADE! BE IN THE KNOW! CHECK OUT OUR SITES!

1st Infantry Division and Fort Riley:

www.riley.army.mil.

Click on Units, 11D Brigades, 1HBCT or just click on this link:

http://www.riley.army.mil/UnitPage.aspx?unit=1bct

Facebook:

www.facebook.com/1HBCTDEVILBRIGADE?v=wall &ref-sqm

vFRG website:

go onto the vFRG and log into their Soldier's BN's Family Members and Approved Personal can also vFRG site, where more information can be found. www.armyfrg.org

Instructions are listed to the right

Kansas- HHC, 1HBCT- The Devil Brigade (Kansas, UIC:WAHDAA), see below for Go to Army FRG Homepage: http://www.armyfrg.org Click on "Find an FRG" in the Select the Soldier's assigned Battalion or HHC from the listed FRGs at Ft Riley, upper left navigation bar Select the location of our FRG - "Kansas" the rest of the 1 HBCT Units.

back in 72 hours, Email the FRSA and they will research and get the information in for you if applicable. You will need to provide her with Soldier's Full Name/Rank/SSN#. If register. An email will be sent to us and we will manually add the Soldier's name. We you received the above message, you will need to wait to continue until we contact information is correct and try again". If you get this error, please do not continue to YOU MAY RECEIVE THIS ISSUE. "The Soldier information you entered does not will research the issue and reply via email to you. If you haven't received an email register first) Enter the last 4 digits of the Soldier's SSN, first name and last name. subscribing as a "Family Member" or "Soldier" (Remember that the Soldier must In the dropdown window on the next page, make the appropriate selection. I am match any Soldier data in the vFRG database. Please check that the Soldier you. Please proceed to next step if no issues.

characters (if you are already a member of Army OneSource, you must use the same You are at the "Welcome to Your FRG" page Go to the left hand column under "New username and password for this site) Registration is complete- hit "Continue" button Follow the steps to complete the registration and the password needs to be 6-10 Site Tools"

Click on "Find an FRG" again

48 hours (usually less then that unless weekend/holiday) you will then receive an email instructions are provided on the www.armyfrg.org homepage, or you can contact your button next to it. "HHC, 1HBCT- The Devil Brigade" or your BN name **More detailed Click on Kansas again and you will see in Red that you are pending approval- within stating that you have been approved. Email will state this: "To access your FRG, log screen on the right. Select your FRG from the dropdown and then click on the "Go" into the Army FRG web site. After you do, you'll see a dropdown at the top of the FRSA for assistance.

- 101st Brigade Support Battalion (Kansas, UIC: WJA1AA)
 - BSTB (Kansas, UIC: WJM1AA)
- 1-16 Infantry, IRON RANGERS! (Kansas, UIC:WAHDAA)
 - 1st Battalion, 5th Field Artillery (Kansas, UIC: WAHNTO)
 - 1st Engineer Battalion (Kansas, UIC: WAHCAA)
- 4-4 Cavalry (Kansas, UIC: WGY7AA)





olympics athlete program





The Young Athlete Program is an innovative sports program which introduces young

children ages 3-7 years old with intellectual disabilities to the world of sports. The program focuses on the basics that are crucial to cognitive development: physical activities that develop motor skills and hand-eye coordination, and the application of these physical skills.

The activities include:

balance & jumping, throwing, and kicking.

JOIN US!

September 14 & November 11, 2010 6:30 p.m. Chase Middle School (gym)

2250 NE State Street, Topeka

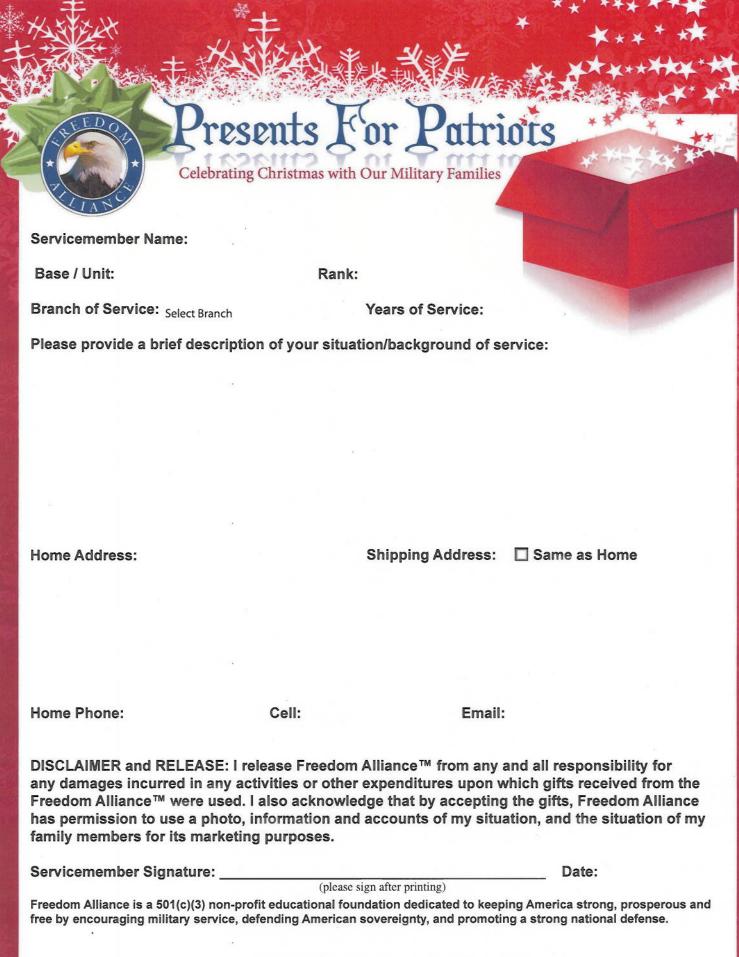
Parents and younger siblings are encouraged to participate

RSVP to Terri Price no later than one week prior to the event.
(limited to 24 athletes)
pricet@ksso.org or 913-236-9290

Funded in part by a grant from Kansas State Council Knights of Columbus **Building Confidence and Bringing Familes Together!**



www.ksso.org



Wash Ist

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Want to be a teacher?

Attend the

Teaching as a Second Career Seminar

to learn about the requirements to obtain a teacher's license and the benefits available through

Troops to Teachers

Friday, November 19th

1130 to 1300 (lunch provided) Fort Riley ACS

RSVP Required

Julie Zwiebel 785-239-9435 Julie.v.zwiebel@us.army.mil Space is limited – call today!



2010 Calendar

(Payment is required when the order is placed.)

Order by Date

Distribution Date

Nov. 8

Nov. 19

Dec. 6

Dec. 17

3 Ways to Order

- Order at your local host site using cash, check or EBT/Food Stamp.
- 2. Order online at www.prairielandfood.com pay by Bank Draft or Debit card
- 3. Contact Linda Hagan (800) 298-1989 linda@prairielandfood.com to order using Visa, Mastercard, Bank Draft or Food Stamps.

FOOD PICK UP DAY:

Friday - Nov. 19
Geary County Head Start
1811 Elmdale Ave.
4:30 P.M. - 5:30 P.M.

Contact Information:

GEARY COUNTY HEAD START

Carolyn Tate

785-717-4730

For more information contact:

Linda Hagan 800-298-1989

linda@prairielandfood.com

November 19 ~ 2010

Junction City

"EAT HEALTHY FOR LESS WITH PRAIRIE LAND FOOD!"

Prairie Land Food, a Kansas organization offering a variety of nutritious grocery packages.

Order Today through Nov. 8 (late orders until Nov. 10)

(For participants that do not order the Prairie Pak – a \$1.00 Site charge will be added.)

Prairie Pak \$23.00

*B/S - Boneless Skinless *F/C - Fully Cooked *IQF - Individually Quick Frozen Maple River Pork Sausage - 1 lb. ~~ Great for your Thanksgiving Stuffing

Tray Pak Chicken Drums - 1.3 lbs.

Lean Center Cut Boneless Pork Chops - 4 (5 oz.)

Cheese Ravioli w/Meat Sauce - 20 oz.

Flamebroiled Meatballs - 1 lb.

Potatoes, Sweet Potatoes, Celery, Onions, Apples, Oranges, Pears,

Pumpkin Pie, Whipped topping

PLUS TWO (2) HOURS OF VOLUNTEER SERVICE.

Note: Due to market conditions, items are subject to change.

MEAT ONLY PACKAGE \$14.00_(plus one additional hour of service)

*the meat items listed above in the Prairie Pak

FRUIT AND VEGGIE PAK \$12.00_(plus one additional hour of service)

*Includes all non meat items included in the Prairie Pak-

November Specials

~~Plus One Additional Hour of Volunteer Service for each special.

SPECIAL #1 "THANKSGIVING HOLIDAY PACK" - \$27.00

Gold Foil Turkey Breast (equivalent to a 12-14 lb. bird), Potatoes, Sweet Potatoes, Celery, Onions, Apples, Oranges, Pears, Pumpkin Pie, Whipped Topping,

SPECIAL #2 - "BLACK FOREST BONELESS HAM " - \$19.00

Deluxe Holiday 4 lb. Boneless Ham

SPECIAL #3 "SUPPERTIME ENTREES " - \$23.00

The best tasting entrees you can find at the BEST price. The Homemade look is matched by a Homemade taste!!

EIGHT - 16 OZ ENTREES.

SPECIAL #4 "SHRIMP PARTY SPECIAL" - \$18.00

Holiday Breaded Popcorn Shrimp.....3.75 lbs.

~Something New for PLF - CHOICE ITEM - CHEESE CAKE - \$8.00

Prairie Land Food is a not-for-profit / 501(c)(3) Kansas organization

*Packages & Specials can be ordered with or without the purchase of the Prairie Pak!

*Packages can be ordered in any quantity to meet your family needs.

2010 Calendar

(Payment is required when the order is placed.)

Order by Date Distribution Date

Nov. 8

Nov. 20

Dec. 6

Dec. 18

3 Ways to Order

- 1. Order at your local host site using cash, check or EBT/Food Stamp.
- 2. Order online at www.prairielandfood.com pay by Bank Draft or Debit card
- 3. Contact Linda Hagan (800) 298-1989 linda@prairielandfood.com to order using Visa, Mastercard, Bank Draft or Food Stamps.

FOOD PICK UP DAY:

Saturday - Nov. 20

FIRST UNITED METHODIST CHURCH

Alan Lee Center 621 Humboldt 6:30 - 8:30 A.M.

Sue Rice.....785-537-0378

First United Methodist Church 776-8821

Manhattan Housing Auth.....785-776-8588

ST. THOMAS MORE CATHOLIC CHURCH

Parish Hall - Utopia Room (behind Church) 2900 Kimball 6:30 - 8:30 A.M.

Ellen Brockson......785-539-6497

Margie Young......785-539-2063

Pat Gaschler......785-776-5151

For more information contact:

Linda Hagan 800-298-1989

linda@prairielandfood.com

November $20 \sim 2010$

Manhattan

"EAT HEALTHY FOR LESS WITH PRAIRIE LAND FOOD!"

Prairie Land Food, a Kansas organization offering a variety of nutritious grocery packages.

Order Today through Nov. 8 (late orders until Nov. 10)

(For participants that do not order the Prairie Pak – a \$1.00 Site charge will be added.)

Prairie Pak \$23.00

*B/S - Boneless Skinless *F/C - Fully Cooked *IQF - Individually Quick Frozen

Maple River Pork Sausage - 1 lb. ~~ Great for your Thanksgiving Stuffing

Tray Pak Chicken Drums - 1.3 lbs.

Lean Center Cut Boneless Pork Chops - 4 (5 oz.)

Cheese Ravioli w/Meat Sauce - 20 oz.

Flamebroiled Meatballs - 1 lb.

Potatoes, Sweet Potatoes, Celery, Onions, Apples, Oranges, Pears,

Pumpkin Pie, Whipped topping

PLUS TWO (2) HOURS OF VOLUNTEER SERVICE.

Note: Due to market conditions, items are subject to change.

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*the meat items listed above in the Prairie Pak

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~~Plus One Additional Hour of Volunteer Service for each special.

SPECIAL #1 "THANKSGIVING HOLIDAY PACK" - \$27.00

Gold Foil Turkey Breast (equivalent to a 12-14 lb. bird), Potatoes, Sweet Potatoes, Celery, Onions, Apples, Oranges, Pears, Pumpkin Pie, Whipped Topping,

SPECIAL #2 - "BLACK FOREST BONELESS HAM " - \$19.00

Deluxe Holiday 4 lb. Boneless Ham

SPECIAL #3 "SUPPERTIME ENTREES" - \$23.00

The best tasting entrees you can find at the BEST price. The Homemade look is matched by a Homemade taste!!

EIGHT - 16 OZ ENTREES.

SPECIAL #4 "SHRIMP PARTY SPECIAL" - \$18.00

Holiday Breaded Popcorn Shrimp 3.75 lbs.

~Something New for PLF - CHOICE ITEM - CHEESE CAKE - \$8.00

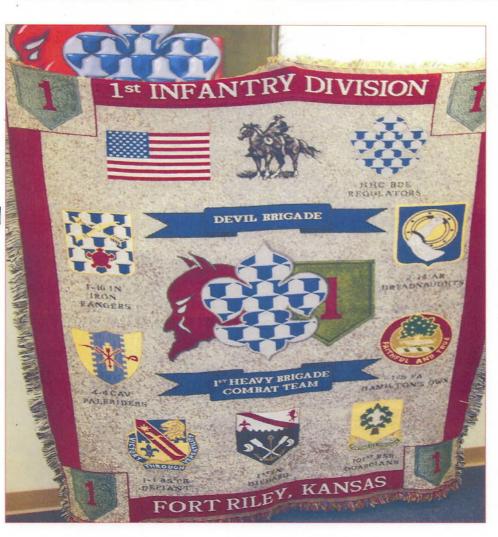
You must purchase at least one of the other packages to be able to purchase the Choice Item. There is no limit to the quantity that you can purchase.

Prairie Land Food is a not-for-profit / 501(c)(3) Kansas organization

*Packages & Specials can be ordered with or without the purchase of the Prairie Pak! *Packages can be ordered in any quantity to meet your family needs.

1 HBCT Blanket* Fundraiser

Would make a
great gift!
Only \$35
All orders
must be turned
in by 22
November
2010 by
3pm!
Actual picture
of blanket is
provided!



Your Name	
Good Phone # to reach	you
BN (Break down to Co/	Squadron/Troop)

QUESTIONS ABOUT THE BLANKET PLEASE CONTACT NOEL WATERMAN AT 785-239-2242

BN'S PLEASE TURN YOUR MONEY AND ORDER FORMS INTO SPC OGBURN (BLDG 7450- TOP FLOOR).

BLANKET* INFO:

- Lists all 1 HBCT units
- Cost \$35.00
- 50"x 70" (normal blanket is 48"x67")
- *Blanket has more detail then shown— examples will be at the EOC Desk at Brigade Headquarters
- Profit goes to the BDE Informal Funds to use for BDE events
- Please fill out form. BDE will accept cash, money order or check (no post dated checks) -made payable to BRO/1 HBCT BDE FRG— if your check is returned person will be liable for the BDE's NSF fee's



'Home away from home' for the holidays

rorchiey

Solider/Family Participant Form

Holiday you'd like to spend with you	ir community family:
Thanksgiving Christmas	Both
Name:	
Unit:	
# of people in family & ages (if appli	icable):
Names:	
E-mail:	
Phone:	
Will you need transportation: Yes address under "Additional Commen	/ No (If yes, please put your pick up ts"
Additional Comments:	
Please RSVP for Thanksgiving by N	ov. 18 & Christmas by Dec. 18
E-mail this form to <u>usofortriley@usoforive</u> (USO Building; next to Burge.	o.org or bring by Bldg. 6918 Trooper r King on Custer Hill)

USO FREE PHOTO BOOK OFFER!

Send your loved ones and friends overseas a reminder from home!



Here's what you Get!

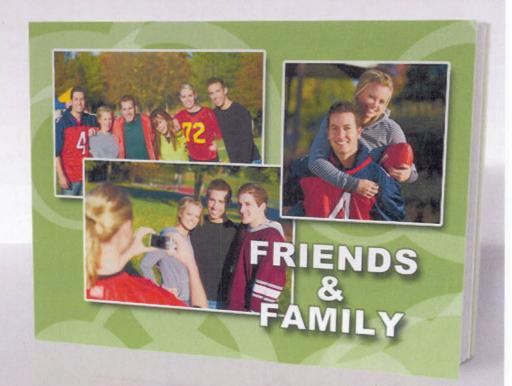
- A Free, 20 page, PERSONAL SOFT COVER PHOTOBOOK!
 Designed to fit into cargo pockets of combat fatigues!
 Lightweight and perfect bound for durability!
- Holds between 50-60 digital photos!
 Extra pages available for \$0.20 each, each page can hold 3-4 photos
 Maximum size 100 pages and 253 photos!
- Free "Economy Shipping" to any APO/FPO or MPO address!
 Other shipping options available at extra cost.
- One Free photo book per family.
 Extra copies of your free book, available for \$11.95 each + shipping
- Other exciting photo products available in our USO catalog for purchase!

It's THAT Easy and Fast!



USO FREE PHOTO BOOK OFFER!

Send your loved ones and friends overseas a reminder from home!



It's simple and fast!

- 1 Visit www.myphotosmyfamily.com to see the USO photo product website.
- 2 Select the "First Time Users" button on the left side of the page.
- 3 After reading the page, simply select the "Free Book Offer" button to your left.
- 4 Watch the fun, short instruction video and enter your information to receive your free book coupon code...

...and make your FREE book for your loved ones overseas!

...the USO evens pays for processing and shipping!

It's THAT Easy and Fast!



The USO and Rocketlife want to know what you think!

After creating and ordering your free book, give us your comments and feedback by following the link you receive with your coupon code and tell us how we can make the program even better for you!







Yellow Ribbon Social Information

Attention All Spouses of Deployed Soldiers,

Being alone is tough and surviving a deployment on the home front takes strong networks and friendships. That is why the Manhattan Military Relations Committee is sponsoring Yellow Ribbon Socials for all our spouses of deployed Soldiers. Each event is from 6-9 pm. You can come for the whole time or any part that fits your schedule. We want you to feel welcome and have a good time in a casual atmosphere.

There are two events each month: one the first Wednesday and one the third Thursday. Occasionally a venue needs a different date to accommodate our group, but you can always check the date/time for the next event at www.facebook.com/ManhattanYRS. The event is at a different area restaurant each time. We try to go to a wide variety of places to offer different budget options and different tastes. This info sheet is just a heads up to give you all dates and locations for the next few upcoming socials so you can plan ahead.

We'll provide FREE appetizers, but drinks, dinner and dessert are a Dutch treat. The first time you attend, we will give you a special token—a Little Apple pin. Thereafter, when you attend and wear the pin you are entered for a chance to win a FREE dinner as well. You also get a ticket for bringing a first time guest. AND, after attending five times you earn the much coveted 1 ID Yellow Ribbon pin.

Please let me know if you have any special venue requests or suggestions. I always welcome your feedback and appreciate your support. I look forward to getting to know you better at the Yellow Ribbon Socials and growing our group.

All the best,

Mrs. Bevin R. Landrum Manhattan Military-Community Liaison

Work: 785-776-8829 ext. 228 or Cell: 785-341-4540

To date we've gone to Houlihan's, The Patio Grille, and Little Apple Brew Pub, dellaVoce, Paddy O'Quigley's, Texas Star, Carlos O'Kelly's, the Manhattan Country Club, Harry's, AJ's Pizzeria, and Olive Garden, Coco Bolos, Famous Dave's, LaFiesta, 4 Olives and The Little Grille. Requests are welcome. Repeats are allowed.

November 18 (3rd Thursday): Can't beat the quality of meat cooked up on the grill at Little Apple Brewing Company. We'll be in the side room with group seating and have an assortment of appetizers to share. Conveniently located in the Westloop Shopping Center near Dillon's, check out the full menu and available merchandise at http://www.littleapplebrewery.com/# before you head out to join the group.

December 9 (only date for Dec): Holiday Reunion Party open to any spouse who previously attended during a deployment and all the regulars. Come back and see what's been going on with the group. Price is \$10 per person to include up to two drinks and hors'douvre--a \$20 value. Additional food can be ordered at own expense if desired.

January 5 (1st Wednesday): Let's get the new year off to a great start with a casual night at Kite's East on Hwy 24. You can review their menu at http://www.kitesbar.com/mainSite/home.php. We might even get to watch some basketball!

January 20 (3rd Thursday): We will start our fine dining experience in the window seating area with appetizers, drinks and social time. About 6:45 we'll head back for group seating and dinner. Check out their web site at http://www.harrysmanhattan.com. Located right downtown on Poyntz Ave.

February 2 (1st Wednesday): Houlihan's is back on the rotation by request for our ONE YEAR ANNIVERSARY. We'll meet in the bar area with banquette seating. Remember to check out their web site at http://www.houlihans.com/ and sign up for birthday specials. FYI, they also have a military discount. This is located on Anderson across from K-State in the Holiday Inn at the Campus. Special prizes!

HOULIHAN'S

February 17 (3rd Thursday): Olive Garden, corner of Bluemont and Tuttle Creek BLVD. Hospitaliano! Group seating in the back—last time we maxed out with 25 folks. Can we beat that record? We'll celebrate a "Valentine's Day is overrated when you're alone" night!



Military OneSource Monthly Communication Plan

November 2010

Monthly Content Focus: Military Family Appreciation

Presentation & Marketing Support Materials

- Military OneSource Core Brief
- Flyers: Coming Home, Double Duty
- Topical Lists: Military Families

Events

- Webinars –Sibling Rivalries, Managing Holiday Stress, Health Coaching Overview, Don't Bust Your Budget
- Moderated Chat –Staying Connected with Family and Friends Over the Holidays

Content

November is Military Family Appreciation Month and National Adoption Month.

November Holidays – Daylight Savings Time ends (November 7); Marine Corps Birthday (November 10); Veteran's Day (November 11); Great American Smokeout (November 18); Thanksgiving (November 25)

Educational Materials

- Adoption for Military Families
- Considering International Adoption for Military Families
- International Adoption for Military Families
- Healthier at Home (booklet)
- Holiday Stress and Deployment
- What to Send Someone Who is Deployed
- Raising Adopted Children CD
- Over There CD
- Double Duty CD
- Quick Tips for Communicating During Deployment
- Teenagers and Deployment
- Getting Along with Your In-Laws
- Smoking Center

Tools & Services

- 2010 Military Holiday Postal Deadlines
- TroopTube
- Internet Safety Toolkit
- Military OneSource Connection Newsletter
- Military Husbands Podcasts Coming Soon!
- Your Teenager's Online World



Free Call Days FAQ

What are the Free Call Days?

Operation Uplink Free Call Days are a 24-hour period where all the calls made from any of the 800+ MWR (SPAWAR) Internet Cafés in Iraq, Afghanistan and Kuwait are free for active duty service members

When are the Free Call Days?

We provide two scheduled dates each month. You can find our most current schedule at www.operationuplink.org. The Free Call Days run midnight to midnight based on Eastern Standard Time.

Iraq time: 0800hrs the day of thru 0759hrs the day after Afghanistan: 0930hrs the day of thru 0929hrs the day after

How can I take advantage of the free calls?

It's automatic for new and existing SPAWAR subscribers. Simply place your call to a covered destination using your SPAWAR prepaid PIN.

What if I'm not a SPAWAR account holder?

If you aren't a SPAWAR account holder, check with the café manager as they should have PINS to loan out. Contact Operation Uplink if your manager doesn't have the PINS.

What if my location doesn't have an MWR (SPAWAR) café?

If there is no SPAWAR Internet Café nearby but you have access to DSN lines, have your commander contact Operation Uplink to get a DSN Free Call Day PIN and an access number.

Can I still get phone cards?

With the advancements in technology overseas, Operation Uplink is no longer providing actual phone cards. With greater availability to Free Call Days and DSN capabilities, our program is focusing on keeping service members connected through the Free Call Days. If you do not have access to DSN lines or the MWR (SPAWAR) Internet Cafés, please contact us to see what other options we have available for you.

Still have questions? Contact VFW Operation Uplink at: uplink@vfw.org or (816) 968~1155



2010-2011 Free Call Day Schedule

MONTH	DATE	SPONSOR
September 2010	September 5th, Labor Day	VFW
	September 29th, VFW Day	VFW
October 2010	October 3rd, VFW Salutes the Armed Forces	VFW
10	October 17th, VFW Salutes the Armed Forces	VFW
November 2010	November 11th, Veterans Day	Sport Clips
	November 25th, Thanksgiving Day	Harleysville Insurance
December 2010	December 5th, VFW Salutes the Armed Forces	VFW
	December 25th, Christmas Day	Sport Clips
January 2011	January 1st, New Years Day	Sport Clips
	January 16th, VFW Salutes the Armed Forces	VFW
February 2011	February 14th, Valentine's Day	VFW Dept. of MN
	February 27th, VFW Salutes the Armed Forces	VFW
March 2011	March 13th, VFW Salutes the Armed Forces	VFW
	March 27th, VFW Salutes the Armed Forces	VFW
April 2011	April 10th, VFW Salutes the Armed Forces	VFW
	April 24th, Easter	Texas VFW
May 2011	May 8th, Mother's Day	Ladies Auxiliary to the VFW
	May 29th, Memorial Day	Sport Clips
June 2011	June 5th, VFW Salutes the Armed Forces	VFW
	June 19th, Father's Day	VFW Ohio Charities
uly 2011	July 4th, Independence Day	Sport Clips
	July 24th, VFW Salutes the Armed Forces	VFW
August 2011	August 7th, VFW Salutes the Armed Forces	VFW
	August 28th, VFW Salutes the Armed Forces	VFW Dept of Delaware

^{*}Dates are subject to change

National Military Services (NMS) Overview

Michael Penney, Director 816-756-3390, ext 261 or mpenney@vfw.org

National Military Services – Military Assistance Program (MAP), Operation Uplink and Unmet Needs provide support to the troops and their families via our VFW/Auxiliary membership.

September through August 2010 NMS has provided support to **1,465,913** service members and their families.

Military Assistance Program (MAP)

- MAP is the link between the VFW and the military community.
- In 2009-10, MAP events provided interaction with more than 261,000 service members and families
- MAP Grants promote VFW Post, District and Department involvement and interaction with local military community
- VFW Posts and Auxiliaries have adopted 1,500 military units since 2007

Operation Uplink

- Connected over 4 million troops since 2006 through Free Call Days
- In 2009-10, Operation Uplink provided over 1.2 million connections
- · Beginning September 2010 Free Call Days will be provided twice a month
- Alternative methods to provide connections are available for troops overseas in Germany, Korea, Japan and Africa. Contact the NMS office for details
- Sprint virtual PINs are available for VA Hospitals and wounded warriors

Unmet Needs

- Since program began in 2004, Unmet Needs has assisted over 2,300 families with grants totaling over \$3.4 million
- In 2009-10, Unmet Needs assisted 399 families with grants totaling over \$614,000
- Grants paid directly to creditor not to service member, with maximum payment of \$2,500
- Department Assistance for applicant with immediate need. Department verifies eligibility and need; contact NMS Director for pre-approval; submit completed Unmet Needs application for reimbursement

Visit us at: www.vfw.org/ select Troop Support